

Mission Statement: A group committed to carrying out Bryce Breuer's legacy of compassion by offering hope and support to children facing difficult challenges.



LOCATION:

The races will start and end at Rosie Park in Goodhue, MN.

Date/Time:

September 25th, 2010

4:00 pm—5K Walk/Run

4:15—1 Mile Fun Run/Walk

Registration forms:

Available at area businesses

ONLINE:

www.cityofgoodhue.com

www.raceberryjam.com (Click on MDRA icon)

RACE DAY: Registration tables open at 2:45pm at Rosie Park.

Early Bird Registration Ends Aug.22nd 2010

Fees:

5K Walk/Run:

\$20.00 = Early Bird Registration (Before 8/22)

\$25.00 = After 8/22/2010 Registration

\$60.00 = Family Rate (Max. "6" T-Shirts)

1 Mile Fun Run/Walk:

\$2.00 donation per participant

HOH Wristbands:

\$2.00 = Available at Rosie Park registration tables starting at 2:45 pm.

T-Shirts:

Guaranteed to ALL Early Bird Registrations.

On Sale for \$10.00 while supplies last

Course:

Mainly flat course, using Goodhue Pioneer Trail and going through Goodhue

Questions? Contact Lana Huemann

t1workout247@hcinet.net or 651.380.5177

Registration Form

Name _____

Address _____

City, State, Zip _____

Email Address (optional) _____

Age on 9/25/10 _____

Gender _____

T-Shirt Size _____

Race (Circle One) **5K** or **1 Mile Run/Walk**

\$2 donation per participant for 1 mile run/walk

\$20.00 before 8/22/10

\$25.00 Race Day

Family \$60.00 (Max "6" T-shirts)

Amount Enclosed _____

Checks Made Payable to: **Hands of Hope**

WAIVER: I hereby absolve myself, my heirs, executors, administrators, forever, any and all rights and claims I may acquire against Hands of Hope, the city of Goodhue, any other sponsors or officials, of any and all injuries suffered by me while participating in the road races or walk. I further hereby certify that I am physically able to run the race for which I am entered September 25, 2010. If I am under 18 years of age, my parent or guardian has signed the waiver.

Signature _____

Parents if under 18 _____

Please mail completed form and fee to:

Lana Huemann

17675 435th Street

Zumbrota, MN 55992

HOG ROAST:

Hog Roast, Music and Raffle to follow
Race—Lion's Building in Goodhue, MN.

RUN PARTICIPANTS: \$1.00 OFF Meal
with showing your race number.

Serving from:

5:00 to 8:00 pm

5 & under FREE

6 to 11 = \$5.00

12 to Adult = \$8.00



In Memory of Bryce

PROCEEDS & DONATIONS
FROM THIS EVENT

Help Benefit Families of Children Who Are
Battling Cancer and Other Difficult Challenges.

September 25, 2010

4:00 p.m.

5K Run &

1 Mile

Fun Run/Walk

Rosie Park

Goodhue, MN

 **Hands of Hope**

Following Run ~

HOG ROAST

5:00 to 8:00 p.m.

&

Music

@ Lion's Building

